

# TEAMS – Transformation Through Education & Mutual Support

(Formerly the SUPPORT GROUP TRAINING PROJECT)  
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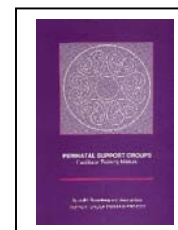
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\_\_\_\_\_ 1 **Perinatal Support Groups Facilitator Training Manual (1992) Deborah Lee**

This 100 page reference manual provides a step-by-step approach to creating support groups for women and new parents. It describes a well-tested model which is highly effective with low-income pregnant women and new mothers, teen parents, pregnant women in recovery, grandparents parenting their grandchildren, and foster parents. The manual includes the training curricula from a four year project which trained 400 providers from perinatal health settings throughout California and Oregon to organize and facilitate support groups for over 4000 low-income women. A focus of the project was to train people of color to facilitate groups for their own communities.

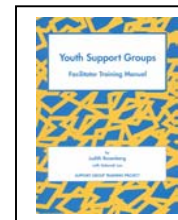
\$15.95



\_\_\_\_\_ 2 **Youth Support Group Facilitator Training Manual (1993) Judith Rosenberg with Deborah Lee**

This 90 page reference manual describes in simple, clear terms a well-tested model which trained 124 youth and caregivers to organize and facilitate support groups for over 1300 high risk youth and for themselves. Within structured peer support groups, youth, parents, teachers and service providers work together to overcome barriers between them, to develop culturally appropriate services, and to achieve their own goals for healthy lives. The support group it describes have been implemented in schools, community clinics, social service organizations, teen parent programs, vocational training programs, substance abuse programs, recreational facilities and churches.

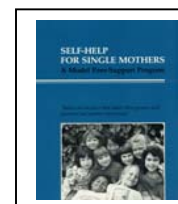
\$14.95




\_\_\_\_\_ 3 **Self-Help for Single Mothers, Deborah Lee**

This published book is a training manual on the organization and facilitation of peer support groups for single women and single mothers of infants.

\$10.00



<p>_____ 4 <b><u>The Support Group Training Project, Deborah Lee</u></b>  Reprints from B.H. Gottlieb (Ed.), <i>Marshaling Social Support: Formats, Processes, and Effects</i>. Sage Publications, Beverly Hills, Ca 1988. This article, published in a text on innovative approaches to support groups, summarizes the format, assumptions, training program, and evaluation of the Support Group Training Project's peer support groups for pregnant single women and single mothers of infants.</p>	<p><b>\$3.00</b></p> <div style="border: 1px solid black; width: 100%; height: 100%;"></div>
<p>_____ 5 <b><u>Perinatal Support Groups for Low-Income Women of Color, Judith Rosenberg</u></b>  This article describes a practical approach to organizing and facilitating successful support groups for local-income women and women of color who are pregnant or new mothers. The article is addressed especially to perinatal health workers.</p>	<p><b>\$1.00</b></p> <div style="border: 1px solid black; width: 100%; height: 100%;"></div>
<p>_____ 6 <b><u>Support Self-Help in Stanislaus county, Margorie Beggs</u></b>  San Francisco Study Center, pub. Zellerbach Family Fund. 1988 This Booklet describes the results of a training project for diverse self-help groups in Stanislaus County, California. It demonstrates an unusual partnership between community mental health, self-help groups, and the Support Group Training Project.</p>	<p><b>\$3.00</b></p> <div style="border: 1px solid black; width: 100%; height: 100%; text-align: center;">  </div>
<p>_____ 7 <b><u>Building Peer Support Among Central American Refugees, Judith Rosenberg</u></b>   This paper describes peer support groups facilitated by Central American refugees in San Francisco, and describes how the groups serve the refugee community and bring the strengths of the refugees' cultures to social service delivery.</p>	<p><b>\$3.00</b></p> <div style="border: 1px solid black; width: 100%; height: 100%;"></div>

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